

Rebecca M. Brossoit, M.S.

Curriculum Vitae

rebecca.brossoit@colostate.edu

EDUCATION

Colorado State University – Fort Collins, CO 2015 – Present
Industrial-Organizational Psychology
Occupational Health Psychology Trainee
Master of Science in Psychology, Defended in November 2017
Thesis Advisor: Dr. Tori L. Crain
Thesis Title: “Linking work and home life: Mediating effects of sleep”

University of Massachusetts Amherst – Amherst, MA 2011 – 15
Commonwealth Honors College
Bachelor of Science in Psychology, Summa Cum Laude
Minor in Sociology
Honors Thesis Advisors: Dr. Rebecca M. C. Spencer & Dr. Susan K. Whitbourne
Honors Thesis Title: “The effects of saliency on short-term memory recall and sleep dependent memory consolidation”

RESEARCH

Graduate Research Assistant 2015 – Present
Crain Laboratory, Colorado State University
Faculty Advisor: Dr. Tori L. Crain
Occupational Health Psychology Laboratory, Colorado State University
Faculty Advisors: Dr. Gwenith G. Fisher & Dr. Tori L. Crain

Undergraduate Research Assistant 2012 – 15
Cognition and Action Laboratory, University of Massachusetts Amherst
Faculty Advisor: Rebecca M. C. Spencer, PhD

PUBLICATIONS

Brossoit, R. M., Crain, T. L., Leslie, J. J., Hammer, L. B., Truxillo, D. M., & Bodner, T. E. (in press). The effects of sleep on workplace cognitive failure and safety. *Journal of Occupational Health Psychology*.

Crain, T. L., **Brossoit, R. M.**, & Fisher, G. G. (2018). Work, nonwork, and sleep (WNS): A review and conceptual framework. *Journal of Business and Psychology*, 33(6), 675–697. doi:10.1007/s10869-017-9521-x

Ganster, D. C., Crain, T. L., & **Brossoit, R. M.** (2018). Physiological measurement in the organizational sciences: A review and recommendations for future use. *Annual Review of*

MANUSCRIPTS IN PREPARATION

Brossoit, R. M., Crain, T. L., Hammer, L. B., Lee, S., Perry, M., Bodner, T. E., & Buxton, O. M. Healthcare workers' schedule flexibility, sleep, and job attitudes.

Crain, T. L., Tran, M., **Brossoit, R. M.**, Robles-Saenez, F. Fighting Fatigue: A review and model of driver sleep in the gig economy.

Crain, T. L., Ellis, A. M., **Brossoit, R. M.**, Stevens, S. C., & Wong, J. The costs and benefits of "show and tell": Work-nonwork impression management.

Crain, T. L., **Brossoit, R. M.**, Wong, J., Truxillo, D., Hammer, L., & Bodner, T. Job characteristics and BMI: Mediating effects of health and well-being.

Stevens, S. C., Crain, T. L., **Brossoit, R. M.**, Hammer, L. B., Truxillo, D. M., & Bodner, T. Family-supportive supervisor behavior (FSSB) and team cohesion: The moderating role of justice.

Crain, T. L., Hammer, L. B., Johnson, R. C., Bodner, T., Lee, S., Almeida, D. M., Perry, M. L., Buxton, O. M., & **Brossoit, R. M.** Daily work-family experiences and sleep: Moderating effects of contextual structural resources.

Crain, T. L., **Brossoit, R. M.**, Shalyn, S. C., Guasta, L. & Lauriski, D. R. Alertness testing's effects on workplace health and safety: A pilot study.

PRESENTATIONS

Wong, J. R., Crain, T. L., **Brossoit, R. M.**, Hammer, L. B., Bodner, T. E., & Brady, J. (2019, April). Beyond Just Resilience: The Important Role of Work-Family Resources for Soldiers. Poster to be presented at the Society for Industrial Organizational Psychology Annual Conference, Washington, DC.

Crain, T. L., Ellis, A. M., **Brossoit, R. M.**, Stevens, S. C., & Wong, J. R. (2019, April). Show and Tell: Integrating Impression Management with the Work-Nonwork Interface. Poster to be presented at the Society for Industrial Organizational Psychology Annual Conference, Washington, DC.

Daigle, K. L., **Brossoit, R. M.**, Brents, C., Stevens, S., Cave, K., & Rosecrance, J. (2018, August). *Examining safety climate in a beer distribution company*. Poster presented to the meeting of the International Ergonomic Association, Florence, Italy.

Brossoit, R. M., Hammer, L. B., Brockwood, K., & Crain, T. L. (2018, June). The Oregon Military Employee Sleep and Health (MESH) study: A Total Worker Health intervention. In T.

L., Crain (Chair), *Conducting work-family interventions: An examination of challenges and recommendations*. Symposium presented at the bi-annual meeting of the Work and Family Researchers Network, Washington, DC.

Brossoit, R. M., Crain, T. L., Hammer, L. B., Lee, S., Perry, M., Bodner, T. E., & Buxton, O. M. (2018, April). *Job resources and job satisfaction: Mediating effects of sleep*. Poster presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Leslie, J. J., Stevens, S. C., **Brossoit, R. M.**, Hammer, L. B., Crain, T. L., Bodner, T. E., & Truxillo, D. R. (2018, April). *The effects of sleep on workplace cognitive failure and safety compliance*. Poster presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Stevens, S. C., **Brossoit, R. M.**, Hammer, L. B., Crain, T. L., Bodner, T. E., & Truxillo, D. M. (2018, April). *Family-supportive supervisors and team cohesion: The moderating role of justice*. Poster presented at the annual meeting of the Society for Industrial and Organizational Psychology, Chicago, IL.

Brossoit, R. M., Leslie, J. J., Crain, T. L., Hammer, L. B., Truxillo, D. M., & Bodner, T. E. (2018, April). *Sleep, cognitive failure, and safety compliance in the construction industry*. Poster presented at the meeting of the annual MAP ERC Research Day, Broomfield, CO.

Stevens, S. C., **Brossoit, R. M.**, Hammer, L. B., Crain, T. L., Bodner, T. E., & Truxillo, D. M. (2018, April). *Family-supportive supervisors and team cohesion: The moderating role of justice*. Poster presented at the meeting of the annual MAP ERC Research Day, Broomfield, CO.

Daigle, K. L., **Brossoit, R. M.**, Brents, C., Stevens, S., Cave, K., & Rosecrance, J. (2018, April). *Examining safety climate in a beer distribution company*. Poster presented at the meeting of the annual MAP ERC Research Day, Broomfield, CO.

Crain, T. L., **Brossoit, R. M.**, Lauriski, D., & Guasta, L. (2018, April). *Alternance testing's effect on workplace safety*. Poster presented at the meeting of the annual MAP ERC Research Day, Broomfield, CO.

Brossoit, R. M., Crain, T. L., Hammer, L. B., Lee, S., Perry, M. L., Bodner, T. E., & Buxton, O. M. (2018, February). *Linking work and home life: How work demands and resources relate to employees' sleep and romantic relationships*. Poster presented at the meeting of the annual SERC Research Day, Tampa, FL.

Sultan, M., **Brossoit, R. M.**, Johnson, R. C., & Crain, T. L. (2017, June). *Does order matter? An examination of order effects in work-family survey research*. Paper presented at the bi-annual Work, Stress and Health Conference, Minneapolis, MN.

Crain, T. L. & **Brossoit, R. M.** (2017, April). *Actigraphy: Measuring sleep in field settings*. Panel presentation conducted at the annual meeting of the Society for Industrial-Organizational Psychology, Orlando, FL.

Davies, R. L., Mondragon, A. R., Stevens, S. C., **Brossoit, R.M.**, & Crain, T. L. (2017, April). *The association between parent-child discussion and academic achievement and motivation*. Poster presented at the annual meeting of Colorado State University's Celebrate Undergraduate Research and Creativity Showcase, Fort Collins, CO.

Mondragon, A. R., Davies, R. L., **Brossoit, R. M.**, Stevens, S. C., & Crain, T. L. (2017, April). *The role of sleep and stress on commitment*. Poster presented at the annual meeting of Colorado State University's Celebrate Undergraduate Research and Creativity Showcase, Fort Collins, CO.

Brossoit, R. M., Crain, T. L., Hammer, L. B., Lee, S., Perry, M. L., Bodner, T. E., & Buxton, O. M. (2017, March). *Linking work and home: Mediating effects of sleep*. Poster presented at the meeting of the annual MAP ERC Research Day, Denver, CO.

Brossoit, R.M., Sultan, M., Crain, T. L., & Johnson, R. C. (2017, February). *Order effects and affectivity in survey research: A pilot study*. Poster presented at the annual meeting of the SERC Research Day, Tampa, FL.

Whitbourne, S. K., **Brossoit, R. M.**, Meca, A. (2016, August). *The role of identity in predicting career paths from college to early adulthood*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.

Brossoit, R. M., Crain, T. L., & Fisher, G. G. (2016, March). *Work/nonwork and sleep outcomes for shiftworkers*. Poster presented at the annual meeting of the MAP ERC Research Day, Denver, CO.

Brossoit, R. M., Alla, R., Mantua, J., & Spencer, R. M. C. (2015, April). *The effects of saliency on short-term memory recall and long-term memory consolidation*. Poster presented at the annual meeting of the Massachusetts Statewide Undergraduate Research, Amherst, MA.

Brossoit, R. M., Alla, R., Mantua, J., & Spencer, R. M. C. (2015, April). *The effects of saliency on short-term memory recall and long-term memory consolidation*. Poster presented at the UMass Amherst Psychological and Brain Sciences Department Research Symposium, Amherst, MA.

Brossoit, R. M., Alla, R., Mantua, J., & Spencer, R. M. C. (2015, March). *The effects of sleep on the consolidation of future relevant event memory*. Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

Sonni, A., **Brossoit, R. M.**, Collins, K., Estowani, A., Fulone, N., Gusev, A., Mezzetti, E., Torres, E., Spencer, R. M. C. *The Role of Sleep in Gist Extraction*. (2013, April). Poster presented at the annual meeting of the Massachusetts Statewide Undergraduate Research, Amherst, MA.

Sonni, A., Bahlavouni, A., **Brossoit, R. M.**, DiMartino, S., Fulone, N., Gusev, A., Hannan, A.,

Mezzetti, M., Walsh, C., & Spencer, R. M. C. *Age-related changes in the consolidation of visuo-spatial learning*. (2012, April). Poster presented at the annual meeting of the Massachusetts Statewide Undergraduate Research, Amherst, MA.

TEACHING EXPERIENCE

TEACHING ASSISTANTSHIPS

Industrial Psychology, PSY440, Teaching Assistant	2019
Industrial Psychology, PSY441, Lab Instructor	2019
Occupational Health Psychology, PSY492, Teaching Assistant	2018
Organizational Psychology, PSY341, Lab Instructor	2017, 2018
Theories and Practices of Counseling and Psychotherapy, PSY383, Teaching Assistant	2015
Psychology of Aging, PSY365, Teaching Assistant	2015

GUEST LECTURES

<i>Training Evaluation</i>	2019
Presentation for an Industrial Psychology undergraduate course at Colorado State University	
<i>Job Performance</i>	2019
Presentation for an Industrial Psychology undergraduate course at Colorado State University	
<i>Criteria and the Criterion Problem</i>	2019
Presentation for an Industrial Psychology undergraduate course at Colorado State University	
<i>Sleep</i>	2018
Presentation for an Occupational Health Psychology undergraduate course at Colorado State University	
<i>Sleep Research in Occupational Health Psychology</i>	2017
Presentation for an Occupational Health Professions graduate course at Colorado State University	
<i>Occupational Health Psychology and The Work-Nonwork Interface</i>	2016
Presentation for a graduate Total Worker Health course at the University of Colorado Denver, Anschutz Medical Campus	
<i>Study Designs and Methodologies from the Cognition and Action Laboratory</i>	2015
Presentation for a Research Methods undergraduate course at Colorado State University	

HONORS AND AWARDS

Charles and Martha Neidt Graduate Award for Achievement in Applied Research	2018
Occupational Health Psychology Poster Award – MAP ERC Research Day	2016

Class of 1941 Humanitarian Award	2015
Psychology Department Academic Excellence Award	2015
Psi Chi Eastern Psychological Association Conference Research Award	2015
Kay Wilson Award for Psi Chi Executive Board Leadership	2014
Recipient of the Bateman Family Scholarship for students in CNS	2013
Residential First-Year Experience Academic Engagement Award	2012
John and Abigail Adams Scholarship	2011
Boston Globe Art Scholastic Award, Painting & Photography Honorable Mentions	2011

GRANT ACTIVITY

GRANTS RECIEVED

UMass Amherst Commonwealth Honors College Research Grant, \$1,000	2014 – 2015
Psi Chi Collaborative Grant with Psi Beta Chapter, \$200	2014

GRANT-FUNDED ASSISTANTSHIPS

Oregon Military Sleep and Health Study , Graduate Student Researcher Funded by the Department of Defense <i>Principle Investigator:</i> Dr. Leslie B. Hammer <i>Principle Investigator of Sub-Award:</i> Dr. Tori L. Crain	7/2016 – 7/2020
Alertness Testing’s Effects on Workplace Incidents & Related Insurance Claims , Graduate Student Researcher Funded by the Center for Health, Work & Environment Pilot Projects in Total Worker Health grant <i>Principle Investigator:</i> Dr. Tori L. Crain Co-Principle Investigator: Dr. Lori Guasta	9/2017 – 8/2018
Mountain and Plains Education and Research Center (MAP ERC), Center for Health Work & Environment (CHWE) , Occupational Health Psychology Trainee Funded by the Centers for Disease Control/National Institute for Occupational Safety & Health (CDC/NIOSH) <i>Program Coordinators:</i> Dr. Gwenith G. Fisher & Dr. Tori L. Crain	9/2016-5/2018

SUPERVISED CONSULTING AND APPLIED EXPERIENCE

An Engineering and Construction Company in Southern Florida <i>Advisor:</i> Dr. Tori L. Crain	10/2018 – 2/2019
<ul style="list-style-type: none"> Developed and administered surveys to workers and management, evaluated an alertness testing software application, analyzed survey data and objective indicators of safety and performance, created final reports and presentations for senior leadership team. 	

<i>Managing Work and Life in Graduate School: Strategies to Prevent Stress and Improve Health</i> , Colorado State University, Fort Collins, CO	10/2018
<i>Advisor:</i> Dr. Tori L. Crain	
<ul style="list-style-type: none"> Developed and administered a workshop for the Graduate Professional Development Workshop Series 	
A Beer Distribution Company in Northern Colorado	8/2017 – 5/2018
<i>Advisor:</i> Dr. John Rosecrance	
<ul style="list-style-type: none"> Developed and administered an ergonomics and safety climate intervention. Conducted observations and interviews of workers, management, and senior leadership. Administered an organization-wide safety climate survey. Conducted a work design participative workshop. Completed OSHA Form 33 to begin the process of gaining status in the OSHA-sponsored Safety and Health Achievement Recognition Program. Created final reports and presented results to management and senior leadership. 	
A Stone Manufacturing Company in Northern Colorado	1/2017 – 5/2017
<i>Advisor:</i> Dr. William Brazile	
<ul style="list-style-type: none"> Developed and conducted focus groups with all employees. Created a written report that summarized the themes from the focus group and provided recommendations for how this information could be incorporated into an ergonomics training program. 	
A Power Plant in Northern Colorado	1/2016 – 5/2016
<i>Advisor:</i> Dr. Alexander Brandl	
<ul style="list-style-type: none"> Created signage and posters to be displayed at the worksite on topics of sleep health, work-life boundary management, and stress reduction. 	
<i>Stress Management</i> , University of Colorado Denver, Anschutz Medical Campus	10/2015
<i>Advisor:</i> Dr. Gwenith G. Fisher	
<ul style="list-style-type: none"> Development of a workshop for working professionals 	

SERVICE

UNIVERSITY SERVICE

Industrial-Organizational Psychology Association of Colorado, Colorado State University	
Co-Faculty Liaison	2018 – 19
Co-President	2017 – 18
Co-Social Coordinator	2016 – 17
Assistant Newsletter Coordinator	2015 – 16
Lab Meeting Coordinator	
Occupational Health Psychology Lab & Crain Lab	2016 – 17
Mentoring Undergraduates for Graduate School Success – Mentor	2015 – 17
Undergraduate Student Representative for the UMass Amherst Psychological and Brain Sciences Department Executive Board Committee	2014 – 15

National Residence Hall Honorary, UMass Amherst 2012

PROFESSIONAL SERVICE

Volunteer at the Placement Center, SIOP Conference 2016
UMass Amherst Psi Chi
 Chapter President 2014 – 15
 Chapter Vice President 2013 – 14

COMMUNITY SERVICE

FoCo Cafe, nonprofit restaurant – Volunteer 2018
Out of the Darkness Walk – American Foundation for Suicide Prevention 2015
Arbors Assisted Living Home - Volunteer 2012 – 15
Pelham Elementary School – Volunteer 2013 – 15
Amherst Survival Center – Organized Food Drive 2013 – 14
Relay for Life – fundraiser for the American Cancer Association 2012

PROFESSIONAL AFFILIATIONS

Society for Industrial-Organizational Psychology, Student Affiliate Member 2016 – Present
Society for Occupational Health Psychology, Student Affiliate Member 2018 – Present
Work and Family Researchers Network, Student Affiliate Member 2018 – Present
American Psychological Association, Graduate Student Affiliate Member 2016 – 17
Phi Kappa Phi, National Honor Society 2014 – 15
Psi Chi, International Honor Society for Psychology Students 2013 – 15
Eastern Psychological Association, Student Affiliate Member 2013 – 15
Alpha Lambda Delta, First-Year Undergraduate Honor Society 2011 – 12

PROFESSIONAL DEVELOPMENT

Los Alamos National Laboratory Practicum, Los Alamos, NM May 16 – 19, 2016
Occupational Health Psychology Summer Institute, Portland, OR July 11 – 15, 2016

PREVIOUS EMPLOYMENT

Resident Assistant, Department of Residential Services, UMass Amherst 2012 – 15
Administrative Assistant, Department of Residential Services, UMass Amherst 2012 – 14
Waitress, Maria's Place, Salem, MA 2010 – 15